

AmRRON Eastern Region Hurricane Watch SOI

1 st Cycle Late Night	
0300 ZULU 2300 EDT 2200 EST	Eastern Voice on 7.242 LSB
0330 ZULU 2330 EDT 2230 EST	Eastern Digital on 7.110 USB +1200 Contestia 4/250
2 nd Cycle Early Morning	
0900 ZULU 0500 EDT 0400 EST	Eastern Voice on 7.242 LSB
0930 ZULU 0500 EDT 0400 EST	Eastern Digital on 7.110 USB +1200 Contestia 4/250
3 rd Cycle Late Morning	
1500 ZULU 1100 EDT 1000 EST	Eastern Voice on 7.242 LSB
1530 ZULU 1130 EDT 1030 EST	Eastern Digital on 7.110 USB +1200 Contestia 4/250
4 th Cycle Late Afternoon	
2100 ZULU 1700 EDT 1600 EST	Eastern Voice on 7.242 LSB
2130 ZULU 1730 EDT 1630 EST	Eastern Digital on 7.110 USB +1200 Contestia 4/250
Alternate Frequencies if 40m is too long or unusable: Eastern Voice on 3.818 LSB Eastern Digital on 3.588 USB +1200 Contestia 4/250	EDT = Eastern Daylight Savings Time (ZULU – 4 hours) EST = Eastern Standard Time (ZULU – 5 hours)
Persistent FSQ 4.5 beaconing net when not on other mode/frequency for net cycles.	
Primary: 7.110 USB Alternate: 3.588 USB (if 40m is too long/unusable)	
NOTE: If the South Eastern US takes the brunt of the storm, the 80 meter frequencies will become the PRIMARY frequencies for improved regional comms.	
Other frequencies to monitor if possible: <ul style="list-style-type: none"> • 14.325 USB daily at 7:00 AM EDT • 7.268 LSB daily at 6:00 PM EDT (3.950 LSB alternate), also backup to 20m. • 14.300 USB Maritime Mobile Net 	FEMA may activate these 60m frequencies (dial): <ul style="list-style-type: none"> • Channel 1: 5330.5 kHz • Channel 2: 5346.5 kHz • Channel 3: 5357.0 kHz • Channel 4: 5371.5 kHz • Channel 5: 5403.5 kHz